

Los Angeles County Department of Public Health Community Health Improvement Plan Regional Meeting

Service Planning Area 7

September 30, 2014

Meeting Notes

I. Welcome and Introductions

Silvia Prieto, MD, MPH, Area Health Officer for Service Planning Area 7 & 8 provided welcome, led stakeholder introductions and discussed the meeting purpose.

Dr. Prieto thanked Kaiser Permanente and Sherri Bathurst for meeting space and breakfast.

The intent of this meeting is to launch a network of local stakeholders collaborating to share resources, examine best practices and improve coordination. DPH would like to convene this network on an ongoing basis so that we can all work together on long-term planning and coordination of efforts in our region.

II. Community Health Assessment, Community Health Improvement Plan and Public Health Accreditation

Virginia Huang Richman, Interim Director, Office of Planning Evaluation and Development for the LAC DPH presented the Community Health Assessment (CHA), the Community Health Improvement Plan (CHIP) and Public Health Accreditation.

- Last November the DPH kicked-off a county-wide community health improvement planning process. This process started with public input on DPH's health planning process, as well as input on what to include in an upcoming Community Health Assessment (CHA), a report on the health status and conditions affecting the health of residents in Los Angeles County. The CHA will be posted on our website for public comment.
- Now we are working on developing the CHIP, which is a 5-year county-wide strategic plan for improving the health of Los Angeles County residents. Through this process we will identify areas of need and develop a strategic plan with measureable goals attached to population measures.
- Local health departments can now become accredited when they meet a set of standards which are designed to ensure the quality and performance of our work. The Los Angeles County Department of Public Health is going through this process. This is a process that will be taking place every 5 years, for public health accreditation. The accreditation of local public health departments is happening throughout the country. Although the CHA and CHIP are prerequisites, we see them as opportunities to work more closely with local stakeholders and truly move the needle toward improved health in Los Angeles County.

III. What Is a Healthy Community?

As we think about health, it is important to ensure that we all work from the same place, so there was a discussion of the meeting attendees' vision for a Healthy Community. Two video clips from 'Unnatural Causes,' a documentary that examines the role of social determinants in creating healthy communities, were viewed. A large group discussion of these and definitions of a Healthy Community from the World Health Organization and the California Department of Public Health's Healthy Communities Data and Indicators Project were read and discussion.

Suggestions for additional features of a healthy community were charted:

- Community norms and values
- Education

- Coordinated network of services
- Family relationships
- Access to care with providers and adequate funding
- Cultural competency
- Align physical activity for youth in schools and parks
- Streamline/coordinated care for vulnerable populations, e.g., homeless
- Joint use
- Knowing what partners are doing locally
- Publicize services to parents
- Engage senior services providers

IV. Report on Service Planning Area 7 Community Health Assessment

Data from the forthcoming Community Health Assessment was presented on a number of health indicators describing Service Planning Area 7 and comparing it with Los Angeles Countywide data. We also reviewed the hospital Community Health Needs Assessments (CHNAs) and noted the most frequently cited issues in this SPA.

V. Panel Discussion - Local Highlights in Obesity Prevention

There was a discussion on the Spectrum of Prevention. Examples of health strategies in SPA 7 that highlight successful interventions in each of the levels of the Spectrum on obesity were presented.

Invited Speakers:

- Level #1: Lori Tiffany, Executive Director of Uptown Whittier YMCA and Chair, Activate Whittier, Penny Lopez, Project Manager, Activate Whittier
- Level #5: Alfred Mata, Local Policy Specialist, California Center for Public Health Advocacy
- Level #6: Steve Costley, Recreation Superintendent, City of South Gate Parks and Recreation

Our network is an example of #4 – organizing coalitions/networks.

VI. Discussion: Opportunities for Collaboration and Coordination in SPA 7

In order to find out what the stakeholders in the room are working on and begin the discussion about coordination among network participants, results of the Eventbrite survey, done at registration, were presented.

The top issues meeting attendees are working on are:

- 1) Obesity/Healthy Living (26)
- 2) Mental Health (8)
- 3) Health Services/Access to Care (4)
- 4) Youth Development (3)
- 5) Tobacco (2)
- 6) Land Use/Transportation (1), Child Abuse (1), Community Development (1)
- 7) Oral health (added during the meeting)

Stakeholders participated in an exercise to determine who is working on the top issues and at which level in the Spectrum of Prevention.

VII. Discussion: What Should This New Network Do?

Dr. Prieto led a discussion of what this network could do. See attached handout for collaboration activities gathered from the Eventbrite survey done on registration and additional suggestions made during the meeting.

VIII. Meeting Wrap-Up and Next Steps

Dr. Prieto reiterated the purpose of forming this network of local stakeholders to collaborating to share resources, examine best practices and improve coordination. DPH would like to convene this network on an ongoing basis so that we can all work together on long-term planning and coordination of efforts in our region.

We are going to set up an advisory group to help plan future meetings.

In a hotwash, the meeting attendees were asked what they liked and what they would like to change about this meeting:

Liked:

- Using the Spectrum of Prevention as a framework
- The ½ day meeting format
- The emphasis on place as a health determinant

To change:

- Would like to see a gap analysis based on geography and need
- The city of Signal Hill is located in SPA 7, but is geographically closer to SPA 8, how can they access local services
- Time for information sharing (e.g., vector control)
- More clarity on roles especially for non-health organizations